

Rank	Bib.	Last Name	First Name	Dzimšanas dati	Nation	Distance	Swim	Mix	Run	Time	Gap
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F

1	371	PAUNIŅA	Ieva	1999-06-29		Akvatlons - 1+5km	17:59.6	42.8	23:39.6	42:22.0	
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F11

1	315	SAJENKO	Veronika	2015-04-12		Akvatlons - 0,1+0,5km	1:04.8	21.4	2:09.3	3:35.5	
2	309	ZAICA	Evija	2015-06-22		Akvatlons - 0,1+0,5km	1:00.7	27.0	2:31.0	3:58.7	23.2
3	307	STRIGO	Laura	2016-09-10		Akvatlons - 0,1+0,5km	1:39.3	22.6	2:22.4	4:24.3	48.8
4	305	DANCE	Džozefīne	2016-07-08		Akvatlons - 0,1+0,5km	1:31.4	22.6	2:44.2	4:38.2	1:02.7

F13

1	328	STAROVOITOVA	Nika	2013-05-06		Akvatlons - 0,28+1,25km	4:48.2	18.4	5:38.5	10:45.1	
2	323	BATUSKINA	Neila	2013-05-30		Akvatlons - 0,28+1,25km	5:48.6	28.1	7:30.5	13:47.2	3:02.1
3	331	MAKARKINA	Mētra Kate	2013-12-12		Akvatlons - 0,28+1,25km	6:27.8	38.9	7:17.1	14:23.8	3:38.7

F15

1	347	KRJUČKOVA	Ksenija	2011-01-25		Akvatlons - 0,5+2,5km	8:35.1	22.7	13:38.9	22:36.7	
2	343	KALVIŠA	Viktorija	2011-04-24		Akvatlons - 0,5+2,5km	11:31.4	25.6	14:06.8	26:03.8	3:27.1

F17

1	349	SULAINĒ	Nadežda	2009-06-23		Akvatlons - 0,5+2,5km	7:45.8	34.8	12:21.8	20:42.4	
2	345	VĪKSNE	Marta	2010-10-12		Akvatlons - 0,5+2,5km	9:38.5	41.5	14:53.4	25:13.4	4:31.0

F40

1	361	VOLFRAMA	Ilze	1980-03-23		Akvatlons - 1+5km	16:17.7	1:00.9	21:52.5	39:11.1	
2	368	SĪLE	Linda	1977-05-26		Akvatlons - 1+5km	24:15.6	1:33.8	24:20.2	50:09.6	10:58.5

F60

1	373	GRUNDMANE	Lilija	1964-03-04		Akvatlons - 1+5km	29:55.3	1:09.4	25:32.5	56:37.2	
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F9

1	316	PAVJOLKINA	Sonja	2017-12-30		Akvatlons - 0,1+0,5km	1:53.1	29.4	1:14.8	3:37.3	
2	314	SAJENKO	Mišelle	2018-12-05		Akvatlons - 0,1+0,5km	1:56.4	34.9	2:25.8	4:57.1	1:19.8
3	313	CVETKOVA	Sofija	2017-09-03		Akvatlons - 0,1+0,5km	2:05.4	35.1	2:18.8	4:59.3	1:22.0
4	302	ĶIRSE	Elza	2017-02-12		Akvatlons - 0,1+0,5km	2:11.8	26.4	2:43.9	5:22.1	1:44.8

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FO

1	335	FREIBERGA	Sanita	1985-07-24		Tautas klase - 0,25+1,25	7:02.2	50.6	7:29.6	15:22.4	
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M

1	376	GLADIJS	Nikita	2003-11-02		Akvatlons - 1+5km	15:01.2	1:00.7	19:37.3	35:39.2	
2	382	PŪGULIS	Jānis			Akvatlons - 1+5km	20:09.2	2:14.7	20:24.7	42:48.6	7:09.4
3	378	JEFREMKINS	Emīls	2006-08-05		Akvatlons - 1+5km	20:06.0	44.8	23:22.3	44:13.1	8:33.9

M11

1	301	BEBRIS	Valdis	2015-01-25		Akvatlons - 0,1+0,5km	1:35.4	35.5	2:12.1	4:23.0	
2	304	ZDANOVIČS	Kirils	2016-05-16		Akvatlons - 0,1+0,5km	1:35.6	25.9	2:24.7	4:26.2	3.2
3	308	DEMBOVSKIS	Ģirts	2015-07-03		Akvatlons - 0,1+0,5km	1:36.2	34.6	2:27.4	4:38.2	15.2

M13

1	321	VOLODINS	Aleksandrs	2013-05-22		Akvatlons - 0,28+1,25km	4:38.8	24.2	5:11.0	10:14.0	
2	327	STRIGO	Maksims	2014-01-16		Akvatlons - 0,28+1,25km	5:03.7	19.0	5:29.7	10:52.4	38.4
3	324	KOLESNIKS	Edvards	2014-04-30		Akvatlons - 0,28+1,25km	5:25.8	25.6	6:15.5	12:06.9	1:52.9
4	329	KRIVENKO	Nikita	2013-07-04		Akvatlons - 0,28+1,25km	5:17.5	59.4	5:50.9	12:07.8	1:53.8
5	330	EGGERT	Benedikt	2013-08-06		Akvatlons - 0,28+1,25km	5:03.7	18.9	7:07.4	12:30.0	2:16.0
6	338	GREKU	Marks			Akvatlons - 0,28+1,25km	5:28.0	52.2	6:23.1	12:43.3	2:29.3

M15

1	342	GRAUDIŅŠ	Patriks	2012-02-11		Akvatlons - 0,5+2,5km	7:26.2	33.8	10:54.0	18:54.0	
2	341	GRAUDIŅŠ	Marks	2012-02-11		Akvatlons - 0,5+2,5km	7:50.0	44.2	10:48.3	19:22.5	28.5
3	348	FRUNZA	Krišs	2011-09-26		Akvatlons - 0,5+2,5km	7:47.8	1:13.2	10:43.2	19:44.2	50.2

M17

1	354	SYHEIEV	Rostyslav	2010-09-18		Akvatlons - 0,5+2,5km	7:24.5	18.1	10:16.2	17:58.8	
2	350	ŠVERNIKS	Makars	2009-06-04		Akvatlons - 0,5+2,5km	7:49.5	38.1	9:54.9	18:22.5	23.7
3	346	ĻEVENKOV	Mihails	2010-12-15		Akvatlons - 0,5+2,5km	8:48.6	41.4	11:01.8	20:31.8	2:33.0
4	351	DENISENKO	Nikita	2010-01-14		Akvatlons - 0,5+2,5km	7:52.2	55.7	11:53.6	20:41.5	2:42.7
5	355	CHEBOTAREV	Oleg			Akvatlons - 0,5+2,5km			19:35.1	36:59.7	19:00.9

M19

1	381	VAKUĻIČS	Daniils	2008-12-06		Akvatlons - 1+5km	15:17.9	36.0	16:24.7	32:18.6	
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M40

1	375	DEMKO	Aleksejs	1979-12-18		Akvatlons - 1+5km	16:44.9	57.6	20:25.4	38:07.9	
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Rank	Bib.	Last Name	First Name	Dzimšanas dati	Nation	Distance	Swim	Mix	Run	Time	Gap
2	374	KĀRKLIS	Ēriks	1977-05-12		Akvatlons - 1+5km	17:17.1	45.7	21:49.8	39:52.6	1:44.7
3	367	SĪLIS	Viesturs	1980-02-14		Akvatlons - 1+5km	16:40.7	1:08.0	23:25.8	41:14.5	3:06.6
4	377	LOBANOVSKIS	Aleksandrs	1978-06-02		Akvatlons - 1+5km	18:47.0	50.8	22:19.9	41:57.7	3:49.8
5	372	EGLE	Edgars	1982-11-14		Akvatlons - 1+5km				48:46.4	10:38.5
6	364	GRAVA	Aleksandrs	1980-11-02		Akvatlons - 1+5km	25:37.1	1:55.3	22:46.3	50:18.7	12:10.8

M45

1	353	SIMINAITIS	Dāvis	1978-10-30		Akvatlons - 0,5+2,5km			13:41.8	27:41.8	
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M50

1	369	LIEPA	Māris	1970-07-03		Akvatlons - 1+5km	15:11.2	50.1	21:02.9	37:04.2	
2	365	GRASMANIS	Dzintars	1969-04-23		Akvatlons - 1+5km	20:32.0	1:16.5	20:25.8	42:14.3	5:10.1

M70

1	333	GARENČIKS	Raimonds	1955-05-17		Akvatlons - 0,28+1,25km	5:08.3	41.3	8:07.2	13:56.8	
2	325	MEDNIS	Vilis	1951-01-26		Akvatlons - 0,28+1,25km	10:08.1	1:25.1	14:21.5	25:54.7	11:57.9
3	370	DRĀKE	Roberts	1956-09-01		Akvatlons - 1+5km	23:08.1	1:38.6	26:07.5	50:54.2	36:57.4

M9

1	312	GREČUHINS	Arsenijs	2017-05-27		Akvatlons - 0,1+0,5km	1:19.5	26.6	2:11.0	3:57.1	
2	306	PLEŠAUNIEKS	Armands	2017-10-13		Akvatlons - 0,1+0,5km	1:57.7	34.5	2:37.2	5:09.4	1:12.3
3	303	ESPINOSA-AVOTS	Migels F.	2017-05-23		Akvatlons - 0,1+0,5km	2:06.5	26.7	2:45.9	5:19.1	1:22.0

MO

1	336	MĀSĀNS	Jurijs	1984-03-12		Tautas klase - 0,25+1,25	5:20.6	39.0	4:40.9	10:40.5	
2	334	ĶIRŠIS	Gvido	1987-07-20		Tautas klase - 0,25+1,25	5:22.9	29.8	6:07.4	12:00.1	1:19.6
3	326	SLOBODJANS	Mitrofans	1985-05-23		Akvatlons - 0,28+1,25km	6:25.8	42.1	6:44.8	13:52.7	3:12.2
4	337	EGLE	Emīls	2012-06-11		Tautas klase - 0,25+1,25	8:43.8	1:41.9	7:11.7	17:37.4	6:56.9