

Rezultāti

Rank	Bib.	Last Name	First Name	Year	Nation	Distance	Swim (Rank)	Mix (Rank)	Run (Rank)	Time	Gap
F11											
1	102	SAJENKO	Veronika	2015		0,1+0,5km	1:34.26 (1)	27.25 (2)	2:01.16 (1)	4:02.67	
2	104	ŽILŪTE	Marta	2014		0,1+0,5km	1:55.60 (2)	29.25 (3)	2:09.85 (2)	4:34.70	32.03
3	101	ESPINOSA-AVOTA	Elza	2014		0,1+0,5km	2:42.00 (3)	9.00 (1)	3:29.12 (3)	6:20.12	2:17.45

F13											
1	123	STAROVOITOVA	Nika	2013		0,25+1,25km	5:19.67 (2)	23.58 (1)	5:44.51 (1)	11:27.76	
2	121	MARKŪNE	Viktorija	2012		0,25+1,25km	4:50.17 (1)	32.49 (2)	6:09.69 (2)	11:32.35	4.59
3	122	SAJENKO	Polina	2013		0,25+1,25km	5:26.13 (3)	44.48 (3)	6:41.61 (3)	12:52.22	1:24.46

F15											
1	189	FAIVRE	Fiona	2010		0,5+2,5km	6:56.48 (1)	36.08 (1)	10:21.87 (1)	17:54.43	
2	135	VAKUĻIČA	Anastasija	2011		0,5+2,5km	9:07.54 (3)	48.36 (3)	10:51.84 (2)	20:47.74	2:53.31
3	137	KRJUCKOVA	Ksenija	2011		0,5+2,5km	8:54.60 (2)	41.24 (2)	13:52.84 (3)	23:28.68	5:34.25
4	136	KALVISA	Viktorija	2011		0,5+2,5km	10:37.19 (4)	55.48 (4)	14:17.47 (4)	25:50.14	7:55.71

F17											
1	139	SULAINÉ	Nadežda	2009		0,5+2,5km	8:12.02 (1)	41.53 (1)	13:14.08 (1)	22:07.63	
2	138	BOMBINA	Katrina	2008		0,5+2,5km	10:09.43 (2)	58.57 (2)	15:24.66 (2)	26:32.66	4:25.03

F40											
1	154	VOLFRAMA	Ilze	1980		APF spēka distance	18:31.50 (1)	54.27 (1)	22:15.22 (2)	41:40.99	
2	176	KVISVIKA	Marta	1985		APF spēka distance	25:29.14 (2)	2:41.23 (2)	22:02.84 (1)	50:13.21	8:32.22

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F9

1	106	DANCE	Džozefīne	2016		0,1+0,5km	2:13.47 (1)	41.60 (1)	2:36.20 (1)	5:31.27	
2	105	KIRSE	Elza	2017		0,1+0,5km	2:56.64 (2)	1:33.11 (2)	2:37.11 (2)	7:06.86	1:35.59

FO

1	126	VĪKSNE	Marta	2010		0,25+1,25km	6:50.68 (1)	47.47 (1)	7:21.63 (3)	14:59.78	
2	124	ERKSKE	Una	1976		0,25+1,25km	7:44.77 (2)	1:14.47 (2)	6:21.45 (1)	15:20.69	20.91
3	125	GRUNDMANE	Lilija	1964		0,25+1,25km	8:05.43 (3)	2:07.13 (3)	6:49.22 (2)	17:01.78	2:02.00

M

1	169	VIDOVSKIS	Oskars	1994		APF spēka distance	14:54.50 (1)	59.45 (4)	18:38.54 (2)	34:32.49	
2	160	GRENCBERGS	Arvis	1988		APF spēka distance	15:31.44 (2)	55.76 (3)	19:02.45 (3)	35:29.65	57.16
3	159	PRIEDĪTS	Matīss	1991		APF spēka distance	16:59.09 (4)	30.51 (1)	19:35.94 (4)	37:05.54	2:33.05
4	156	LAPPUKE	Lukass	1993		APF spēka distance	17:48.08 (5)	1:04.36 (5)	18:22.23 (1)	37:14.67	2:42.18
5	163	GLADIJS	Nikita	2003		APF spēka distance	16:38.41 (3)	42.74 (2)	21:49.53 (8)	39:10.68	4:38.19
6	165	LEVENŠTEINS	Mārtiņš	1988		APF spēka distance	20:42.27 (6)	1:11.12 (6)	20:14.59 (6)	42:07.98	7:35.49
7	157	PŪGULIS	Jānis	1991		APF spēka distance	21:31.57 (8)	1:32.27 (8)	21:12.34 (7)	44:16.18	9:43.69
8	158	OZOLINS	Matīss	1988		APF spēka distance	23:20.31 (9)	2:09.99 (9)	19:59.62 (5)	45:29.92	10:57.43
9	167	ZARŽECKIS	Fricis	1995		APF spēka distance	21:13.51 (7)	1:22.87 (7)	22:53.60 (9)	45:29.98	10:57.49
10	188		Dimas	1987		APF spēka distance	25:13.71 (10)	2:56.93 (10)	28:06.75 (10)	56:17.39	21:44.90

M11

1	107	KOLESNIKS	Edvards	2014		0,1+0,5km	1:37.68 (1)	33.81 (1)	2:17.51 (3)	4:29.00	
2	108	BEBRIS	Valdis	2015		0,1+0,5km	1:53.65 (2)	42.39 (5)	2:04.93 (1)	4:40.97	11.97
3	113	DEMBOVSKIS	Girts	2015		0,1+0,5km	1:55.63 (3)	39.22 (4)	2:20.87 (4)	4:55.72	26.72

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4	110	ARESS	Artūrs	2014		0,1+0,5km	2:14.32 (5)	35.57 (3)	2:14.79 (2)	5:04.68	35.68
5	168	ŠVERNIKS	Genrihs	2015		0,1+0,5km	2:13.23 (4)	34.36 (2)	2:52.09 (6)	5:39.68	1:10.68
6	111	MIKHIEIEV	Filippid	2015		0,1+0,5km	3:17.08 (6)	43.38 (6)	2:21.66 (5)	6:22.12	1:53.12

M13

1	131	BARKEVIČS	Damirs	2012		0,25+1,25km	4:03.59 (1)	29.39 (1)	5:23.34 (1)	9:56.32	
2	130	ALFREDS	Beinerts	2013		0,25+1,25km	4:53.20 (2)	47.09 (4)	5:59.03 (2)	11:39.32	1:43.00
3	127	VOLODINS	Aleksandrs	2013		0,25+1,25km	5:11.09 (3)	37.94 (3)	6:11.73 (3)	12:00.76	2:04.44
4	128	SLESERS	Toms	2012		0,25+1,25km	6:31.88 (4)	35.53 (2)	7:06.14 (4)	14:13.55	4:17.23

M15

1	145	ROSTYSLAV	Syheiev	2010		0,5+2,5km	7:32.58 (1)	28.53 (2)	9:45.80 (1)	17:46.91	
2	140	KOLESNIKS	Marks	2010		0,5+2,5km	7:59.92 (2)	2.62 (1)	11:09.34 (4)	19:11.88	1:24.97
3	142	GUSTAVS	Inkins	2011		0,5+2,5km	8:35.41 (4)	47.11 (4)	10:35.86 (2)	19:58.38	2:11.47
4	141	CAUNE	Martins	2010		0,5+2,5km	8:24.73 (3)	43.28 (3)	10:51.67 (3)	19:59.68	2:12.77
5	144	DENISENKOVS	Nikita	2010		0,5+2,5km	8:39.67 (5)	1:01.61 (5)	12:15.70 (5)	21:56.98	4:10.07

M17

1	151	VĪKSNE	Gustavs	2008		0,5+2,5km	6:38.31 (1)	34.23 (1)	9:35.53 (2)	16:48.07	
2	146	VAKUĻIČS	Daniils	2008		0,5+2,5km	8:15.74 (3)	48.01 (2)	8:52.01 (1)	17:55.76	1:07.69
3	149	STALAŽS	Emīls	2009		0,5+2,5km	8:01.93 (2)	1:00.20 (6)	10:02.95 (3)	19:05.08	2:17.01
4	150	BREIKŠS	Eduards	2008		0,5+2,5km	8:24.82 (4)	53.05 (5)	10:25.07 (4)	19:42.94	2:54.87
5	152	ŠVERNIKS	Makars	2009		0,5+2,5km	8:34.83 (5)	1:03.59 (7)	10:41.27 (5)	20:19.69	3:31.62
6	174	CELMĀRS	Juris			0,5+2,5km	8:39.00 (6)	51.30 (3)	11:09.33 (6)	20:39.63	3:51.56
7	148	KONDRATENKO	Maksims	2009		0,5+2,5km	8:43.55 (7)	52.70 (4)	12:24.06 (7)	22:00.31	5:12.24

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M19

1	187	ŽIGARKOVŠ	Sebastians	2007		APF spēka distance	13:04.29 (1)	38.84 (1)	18:30.46 (1)	32:13.59	
2	170	VĪTOLS	Reinis	2007		APF spēka distance	13:54.25 (2)	51.11 (2)	20:04.80 (2)	34:50.16	2:36.57

M40

1	179	DEMKO	Aleksejs			APF spēka distance	17:12.88 (1)	56.82 (2)	20:02.39 (3)	38:12.09	
2	173	PĒTERSONS	Mārcis	1976		APF spēka distance	17:51.43 (2)	1:08.50 (4)	19:35.33 (1)	38:35.26	23.17
3	175	ĀBELĪTE	Pāvels	1985		APF spēka distance	18:56.52 (5)	2:03.94 (7)	19:59.59 (2)	41:00.05	2:47.96
4	172	KĀRKLIS	Ēriks	1977		APF spēka distance	18:03.52 (3)	46.25 (1)	22:21.69 (6)	41:11.46	2:59.37
5	147	ŠULMANIS	Ansis			APF spēka distance	20:58.90 (6)	1:37.92 (5)	21:34.37 (5)	44:11.19	5:59.10
6	171	TUKUMS	Jānis	1982		APF spēka distance	18:26.50 (4)	2:01.93 (6)	24:47.03 (8)	45:15.46	7:03.37
7	182	HONONARENKO	Igors	1984		APF spēka distance	25:32.71 (7)	1:02.06 (3)	22:41.29 (7)	49:16.06	11:03.97
8	178	ŠITS	Artūrs	1983		APF spēka distance	30:52.07 (8)	2:25.93 (8)	21:13.96 (4)	54:31.96	16:19.87

M50

1	180	LIEPA	Māris	1970		APF spēka distance	14:57.19 (1)	1:05.94 (1)	20:43.29 (1)	36:46.42	
2	181	RIEKSTS	Jānis	1973		APF spēka distance	17:46.50 (3)	1:14.63 (3)	22:24.87 (3)	41:26.00	4:39.58
3	183	GRASMANIS	Dzintars	1969		APF spēka distance	19:53.94 (4)	1:33.92 (4)	20:54.70 (2)	42:22.56	5:36.14
4	184	PIKŠĒNS	Toms			APF spēka distance	17:20.41 (2)	1:10.51 (2)	26:04.48 (4)	44:35.40	7:48.98

M60

1	185	UZOLS	Aivars	1963		APF spēka distance	18:34.79 (1)	1:08.44 (1)	20:16.60 (1)	39:59.83	
2	186	DRĀKE	Roberts	1956		APF spēka distance	23:41.01 (2)	2:04.85 (2)	25:55.27 (2)	51:41.13	11:41.30

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M70 (250m + 1,2

1	132	GARENČIKS	Raimonds	1955		0,25+1,25km	5:26.06 (1)	53.64 (1)	8:10.19 (1)	14:29.89	
2	120	DAUGAVIETIS	Laimonis	1950		0,25+1,25km	10:11.54 (2)	2:15.96 (2)	8:34.02 (2)	21:01.52	6:31.63

M9

1	116	KALNIŅŠ	Dāvids	2017		0,1+0,5km	2:25.74 (2)	34.36 (1)	2:11.10 (1)	5:11.20	
2	118	GREČUHINS	Arsenijs	2017		0,1+0,5km	2:25.22 (1)	44.19 (3)	2:21.66 (3)	5:31.07	19.87
3	115	PLEŠAUNIEKS	Armands	2017		0,1+0,5km	2:33.26 (3)	37.28 (2)	2:35.66 (5)	5:46.20	35.00
4	114	JAUNZEMS	Haralds	2017		0,1+0,5km	2:40.79 (4)	1:09.87 (5)	2:23.40 (4)	6:14.06	1:02.86
5	117	MIKHIEIEV	Elefterios	2017		0,1+0,5km	3:07.76 (5)	50.29 (4)	2:20.00 (2)	6:18.05	1:06.85

MO

1	133	FRUNZA	Krišs	2011		0,25+1,25km	5:31.97 (1)			12:57.12	
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SB

1	2	SAJENKO	Mišelle	2018		Rūdofa distance				28.83	
2	6	PRIEDĪTE	Sibilla	2018		Rūdofa distance				29.93	1.10
3	1	VAKUĻIČA	Anna	2018		Rūdofa distance				34.42	5.59
4	5	MEDNE	Elizabete	2020		Rūdofa distance				36.11	7.28

Sporta stafete

1	198	SHARKY2					10:36.18 (1)	(1)	15:19.63 (4)	20:15.52	
2	193	SHARKY 1					15:09.75 (3)	23.54 (3)	5:24.81 (1)	20:58.10	42.58
3	199	SHARKY 3					14:43.07 (2)	21.12 (2)	6:53.55 (3)	21:57.74	1:42.22

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4	194	RĪDZENE					25:11.17 (4)	50.30 (4)	6:36.09 (2)	32:37.56	12:22.04

Tautas stafete

1	197	TAUTA					4:34.51 (1)	19.89 (1)	5:30.77 (1)	10:25.17	
2	196	TRIKAN -1					5:18.25 (2)	22.68 (3)	7:17.85 (3)	12:58.78	2:33.61
3	195	DIVSTŪRIS					6:53.24 (3)	20.26 (2)	6:15.32 (2)	13:28.82	3:03.65

VB

1	3	ŠULMANIS	Gustavs	2019		Rūdofa distance				42.21	
2	4	ĻEVENKOVŠ	Pavels	2020		Rūdofa distance				54.81	12.60